



DECEMBER 2013



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	3 Expectant Mommy 2 Class at WM 2:00 PM	4 Expectant Mommy 1 Class at OH 4:15 PM	5 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	6 Expectant Mommy 1 Class at WM 2:00 PM	7
8	9 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	10 Expectant Mommy 2 Class at WM 2:00 PM	11 Expectant Mommy 1 Class at OH 4:15 PM	12 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	13 Expectant Mommy 1 Class at WM 2:00 PM	14
15	16 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	17 Expectant Mommy 2 Class at WM 2:00 PM	18 Expectant Mommy 1 Class at OH 4:15 PM	19 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	20 Expectant Mommy 1 Class at WM 2:00 PM	21
22	23 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	24 Expectant Mommy 2 Class at WM 2:00 PM	25	26 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	27 Expectant Mommy 1 Class at WM 2:00 PM	28
29	30 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	31	To Contact a Breastfeeding Peer Counselor near you: Call: (301) 324-1873, ask to speak to the Peer Counselor After hours: (301) 324-1873, then press 4 (Call 911 for emergencies (Greater Baden)		Legend: OH -Oxon Hill WM -Walker Mill	



JANUARY 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To Contact a Breastfeeding Peer Counselor near you: Call: (301) 324-1873, ask to speak to the Peer Counselor After hours: (301) 324-1873, then press 4 (Call 911 for emergencies (Greater Baden))		Legend: OH -Oxon Hill WM -Walker Mill	1	2 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	3 Expectant Mommy 1 Class at WM 2:00 PM	4
5	6 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	7 Expectant Mommy 2 Class at WM 2:00 PM	8 Expectant Mommy 1 Class at OH 4:15 PM	9 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	10 Expectant Mommy 1 Class at WM 2:00 PM	11
12	13 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	14 Expectant Mommy 2 Class at WM 2:00 PM	15 Expectant Mommy 1 Class at OH 4:15 PM	16 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	17 Expectant Mommy 1 Class at WM 2:00 PM	18
19	20 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	21 Expectant Mommy 2 Class at WM 2:00 PM	22 Expectant Mommy 1 Class at OH 4:15 PM	23 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	24 Expectant Mommy 1 Class at WM 2:00 PM	25
26	27 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	28 Expectant Mommy 2 Class at WM 2:00 PM	29 Expectant Mommy 1 Class at OH 4:15 PM	30 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	31 Expectant Mommy 1 Class at WM 2:00 PM	



FEBRUARY 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To Contact a Breastfeeding Peer Counselor near you: Call: (301) 324-1873, ask to speak to the Peer Counselor After hours: (301) 324-1873, then press 4 (Call 911 for emergencies (Greater Baden))		Legend: OH -Oxon Hill WM -Walker Mill				1
2	3 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	4 Expectant Mommy 2 Class at WM 2:00 PM	5 Expectant Mommy 1 Class at OH 4:15 PM	6 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	7	8
9	10 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	11 Expectant Mommy 2 Class at WM 2:00 PM	12 Expectant Mommy 1 Class at OH 4:15 PM	13 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	14	15
16	17 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	18 Expectant Mommy 2 Class at WM 2:00 PM	19 Expectant Mommy 1 Class at OH 4:15 PM	20 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	21	22
23	24 Expectant Mommy 2 Class at OH 11:00 AM Mothers Essence/ Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM	25 Expectant Mommy 2 Class at WM 2:00 PM	26 Expectant Mommy 1 Class at OH 4:15 PM	27 Mothers Essence/ Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM	28	